

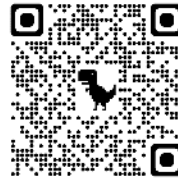
RESPITE PROGRAM GUIDELINES

Respite services are for pending or approved caregivers of at least one San Diego County dependent Options qualified child. Each Options family may receive up to 48 hours of paid respite per month.

For more information contact:

Foster & Adoptive Resource Family Services

1-877-792-KIDS (5437)
www.sdcares4kids.com



OPTIONS FOR RECOVERY

PERINATAL SUBSTANCE
ABUSE/HIV INFANT
PROGRAM



THE SUCCESS OF THE
OPTIONS PROGRAM
DEPENDS ON PEOPLE LIKE
YOU PROVIDING WARM,
NURTURING CARE FOR
THESE CHILDREN UNTIL
THEY REUNIFY WITH
FAMILY OR ADOPTED.



LIVE WELL
SAN DIEGO



PROGRAM DESCRIPTION

Options for Recovery is a program within the County of San Diego Foster & Adoptive Resource Family Services. The Options program provides specialized training, and support for resource families, relative caretakers and non-related extended family members (NREFM) who care for dependent children ages 0 to 60 months who are drug and/or alcohol exposed and/or HIV positive.

GOALS

- To intervene early to minimize the devastating effects of maternal substance abuse on infants and toddlers
- To maximize the health and attachment of infants and children of substance abusing women
- To limit the number of children in high cost institutionalized placements, such as hospitals & group homes
- Whenever possible, to support the reunification of the substance exposed and/or HIV positive children with a biological parent

REQUIREMENTS

- Must be pending or approved Resource Family
- Complete intake application, and pre-approval home visit by the program coordinator
- Non-smoking home
- Not a licensed daycare
- Able to meet the needs of extra appointments
- Complete the 35-hour Options training through Rady Children's Hospital



BENEFITS

- Specialized training through the Chadwick Center/Rady Children's Hospital
- Monthly Options support group held on the first Wednesday of the Month
- Options families may receive up to 48 hours of paid respite per month



**CHILDREN
IN CARING
HANDS.**

